Mood Disorders

• AKA Affective Disorders

• Depressive Disorders
  • Major Depression
    • Subtypes
      - SAD
      - Atypical
      - Post Partum
      - Psychotic
    • Dysthymia

Depressive Symptoms

• Criterion A
  • Depressed Mood Or
  • Anhedonia

• Cx B (5/9)
  • Guilt
  • Laden paralysis/ or psychomotor agitation
  • Concentration
  • Worthlessness
  • Appetite disturbance
  • Sleep disturbance
  • Thoughts of suicide

Depression, Con’t

• Major Depression
  • Lasts at least 2 weeks, 75% of waking hours
  • Typically lasts no more than 6 months
  • Episodic

• Dysthymia
  • 25% of waking hours
  • 2 or more years (1 year for adolescents)

Bipolar

• Formerly known as Manic Depression

• Bipolar 1 and 2
  • Mania is required for Bipolar 1
    • Mania is a very agitated emotional state with delusions, optimism, energy, impulsive
    • Tangential thinking, loose associations, derailment.
    • Technically does not require MDD
  • Bipolar 2
    • Requires MDD
    • Hypomania

• Clothymia

Suicide

• Factors predicting suicide
  • Feelings of hopelessness
  • A need to escape
  • Suicide is an option
  • Other options are unsatisfactory

• The following indicators are increasingly predictive of a suicide attempt:
  • Thoughts or discussing suicide
  • People with a plan,
  • the means to carry out the plan,
  • Giving away possessions
  • Past attempts
  • Recent romantic breakup
  • substance abuse—alcohol

Schizophrenia

• Earliest name: dementia praecox

• Symptoms: positive & negative
  • Positive: hallucinations, delusions, Disordered thought, speech
    • These symptoms have been added to a person’s repertoire
  • Negative: Deficit of emotional responses, flat/blunt affect, alogia, anhedonia, asocial, avolition