

Key Deadlines for Winter Quarter 2017

- February 24 - Last day to make changes to Winter Quarter schedule
 - Audit/credit status; instructor signature required
 - Withdraw (no refund); use online services
- Finals Week - March 20-22
- March 22 - Last day of Winter Quarter
- March 28 - Winter Quarter grades available

What's Up for Spring Quarter 2017?

- Registration Begins for Spring Quarter Classes
 - February 13 for currently enrolled students
 - February 13 for previously enrolled students
 - (Current and previous students can check their [MyNorth](#) student portal for their registration start time.)
 - February 21, open registration starts - new students can register without a registration start time
 - While in the portal, be sure to update your contact information.
- March 6 - Spring Quarter tuition due
 - Note: For students registering after the tuition deadline, tuition is due within seven business days of your first registration date or by the first day of the quarter, whichever comes first. Students who do not pay by the deadline may be dropped from their class(es).
- May 29 - Memorial Day, campus closed, no classes
- Spring Quarter dates: Quarter starts on April 3 and ends on June 16.
- We suggest students sign up for the deferred payment plan (FACTS) within a week of registration. The payment plan is available for sign up through April 7. Signing up earlier gives you the opportunity to put less of a required down payment.
- If you are graduating with a certificate or degree Spring or Summer Quarter, don't forget to apply for graduation so your name will be included in the commencement program.

Message from Your Academic Advisors

Happy Winter Quarter from your NSC advising team! Remember these three things as you prepare for Spring Quarter:

1. Plan for graduation!
Before the quarter ends, visit an advisor to plan your Spring Quarter schedule + create an educational plan to guide you to graduation.
2. Planning to transfer?
Pick up the Transfer Schedule from our office! It lists the transfer workshops and events for this quarter. You can also see when university representatives will be on campus for individual appointments.
3. Register for Spring Quarter!
Advisors will be available for drop-in hours February 13-17. Want to avoid drop-in lines? Schedule an appointment with an advisor before February 13 by calling (206) 934-3658 or visiting the Advising Office on the 2nd floor of the College Center Building.

Need to meet with an advisor? We offer appointments Monday-Thursday (8 a.m. - 6:30 p.m.) and Friday (8 a.m.- 4:30 p.m.). Come prepared for your appointment with transcripts and placement scores from other colleges.

New! Student Support on Campus: Completion Coaching

Are you close to graduating but having challenges finishing? Please call or e-mail North's completion coaches for support through academic, financial, and/or personal challenges to completion.

Coach Aimee Brown can be reached at (206) 934-3694 or aimee.brown@seattlecolleges.edu, and **Coach Juan Gallegos** can be reached at (206) 934-7301 or juan.gallegos@seattlecolleges.edu.

We want to see you make it to the finish line! Visit us at northseattle.edu/completion.

Gender Equity Resource Center

As you may know, the Women's Center is now officially renamed the Gender Equity Resource Center (GenEQ)! If you are looking for resource referrals or support, we serve all students. Our programming has expanded to include LGBTQ folks and male-identified people, in addition to serving female-identified students. GenEQ provides resource referrals including for domestic violence, sexual assault, childcare, housing and utilities assistance, and more! Stop by the second floor of the College Center to talk with a staff member about what GenEQ can do for you!

- Email: geneq@seattlecolleges.edu
- Phone: (206) 934-3696

Winter GenEQ Events

- February 8 - Gender Equity Resource Center Open House in the Grove
- March 1 - NSC 3rd Annual Film Festival showing a film for Women's History Month at 12 p.m. in the Grove Seminar Room

Financial Aid News

Financial aid applications for the 2017-18 academic year are now available. North's Priority Deadline is March 15, 2017.

Need assistance completing the financial aid application process? Attend one of our workshops in the Opportunity Center for Employment and Education (OCE&E). At these workshops you will get an overview of the financial aid process and receive assistance completing the online financial aid application (FAFSA or WASFA). Students who plan to enroll in classes during the 2017-18 academic year (fall 2017 - summer 2018) should complete the application process by the financial aid priority deadline of March 15, 2017.

Workshop Dates:

- Tuesday, January 31, 2017: 3:15 to 4:30 p.m. OCE&E room 101D (first floor lobby computer lab)
- Tuesday, February 7, 2017: 3:15 to 4:30 p.m. OCE&E room 101D (first floor lobby computer lab)

Reminders for Veterans and Military Members

Priority online registration for veteran and eligible military members opens at 6 a.m. on Friday, February 10, 2017. See our Veterans Services Office if you have questions or to confirm your registration appointment.

Veterans using their G.I. Bill benefits must remember to submit a signed veterans advisory form 30 days before the start of the quarter to avoid a delay in processing veteran educational benefits.

BAS Open Houses

Early Childhood Education

March 6 6:30 - 8 p.m. at Seattle Central College

International Business

March 7 5 - 7 p.m at North Seattle College

Application Development

March 9 4 - 6 p.m. at North Seattle College

For event locations and more information, please visit: news.northseattle.edu/bas-open-houses

Engineer Mentor Night

The Engineering Club is hosting their 5th Engineering Mentor Night this year on March 2. The event draws both students and engineers for discussion and networking. Enjoy free food and a chance to hear working engineers describe what they do.

Upcoming Events from Student Leadership

- February 8 - Lunar New Year Event
- February 9/10 - Vagina Monologues
- February 14 - Valentine's Day Trivia
- February 23 - White Privilege Event
- February 24 - Students of Color Conference applications due
- March 8 - International Women's Day
- April 5, 6, and 7 - Free Textbook Exchange - Donate your textbooks any time by bringing them to the Student Leadership office (CC1446). Stop by our table in front of the bookstore during the first week of Spring Quarter to pick up free textbooks!
- April 6-8 - Students of Color Conference
- April 20 - Club Fair
- June 1 - Springfest

Student Leadership is hiring during Spring Quarter for the 2017-18 school year. Positions are paid \$15/hour and include event-planning, political work, research, fee board, sustainability and more! If you plan on attending North until spring 2018, keep an eye out for applications. For more info, visit our website: studentleadership.northseattle.edu.

Tips from Counseling

Exam Preparation Tips

Ask the instructor what the format of the test will be: how many multiple choice, problems to solve, essays, etc. Start studying at least one week before the exam. Learning requires sleep (seven hours/night) to move from short-term to long-term memory. To increase concentration and memory, read text and notes aloud, under your breath, asking things like: what is the main idea, how does it relate to things I already know? To help recall, as you read, summarize key information on several sheets of paper, "chunking" material in small groups of two or three. Make these summary sheets easy to read and recall by use of spacing (no more than three chunks of information on a page), colored coding or rhythm.

Exam-Taking Tips

Sleep seven hours the night before the exam and eat a light meal with protein, fruits/vegetables and water. When you sit down for the exam, take a deep breath, through the nose, in for a count of three and out for a count of four. Tell yourself, "What's important now is that I stay calm and read every question carefully." Quickly jot down formulas, lists, things you've memorized but are afraid you may forget. Read directions and questions quietly, out loud, under your breath and calmly "talk yourself through" your answers/solutions. More information is available by clicking "Exams" at northseattle.edu/counseling/academic-help.