

## Notes on citing sources:

You should use at least 2 sources for your paper, and one can be your textbook. That means you must also find one outside source. Your outside source should be **credible, meaning it should be from a source that is likely to be accurate**. For example, the National Institute of Mental Health is a credible source, while Joe Blow's personal website detailing his account of his cousin with autism is not. If you're not sure if a source is credible, or if you need help finding a credible outside source, ask me. **NOTE: I do not accept Wikipedia as a source, although they may be a good springboard for finding other sources.** You'll want to cite the sources of your information when you use information from them in the text of your paper, and then provide the full citations at the end.

### In-text citations

There are two ways to cite sources **within** your paper:

1. Enclose the author's( ' ) last name(s) and the year of publication in parentheses at the end of a sentence.

EXAMPLE:

Schizophrenia is characterized by positive symptoms such as hallucinations and delusions (Myers, 2007).

2. Use the authors' names within the text, followed by the year of publication in parentheses.

EXAMPLE:

David Myers (2007) notes that schizophrenia can be characterized by positive symptoms such as hallucinations and delusions.

NOTE: if using a direct quote, use quotation marks and include the page number the quote was found on in parentheses after the quote. For electronic sources, use the paragraph number.

EXAMPLE 1:

Schizophrenia might be characterized by flat affect, which David Myers (2007) describes as "a zombielike state of apparent apathy" (p.486), which does seem to be present in the character of George.

EXAMPLE 2:

For people with schizophrenia, there is a separation from reality, at times they are stuck in an "inner private world, preoccupied with illogical ideas and unreal images" (Myers, 2000, ¶ 5)

### End citations

References for your paper should be cited in full on their own page at the end of the paper. Following are examples of different types of publications and how to cite them in APA format.

#### 1. Journal article

Murzynski, J., & Degelman, D. (1996). Body language of women and judgments of vulnerability to sexual assault. *Journal of Applied Social Psychology*, 26, 1617-1626.

#### 2. Book

Myers, D. (2007). *Exploring Psychology* (7<sup>th</sup> Ed.). New York: Worth Publishers.

3. **Web document on university program or department Web site**

Degelman, D., & Harris, M. L. (2000). *APA style essentials*. Retrieved May 18, 2000, from Vanguard University, Department of Psychology Web site:  
[http://www.vanguard.edu/faculty/ddegelman/index.cfm?doc\\_id=796](http://www.vanguard.edu/faculty/ddegelman/index.cfm?doc_id=796)

4. **Stand-alone Web document (no date)**

Nielsen, M. E. (n.d.). *Notable people in psychology of religion*. Retrieved August 3, 2001, from <http://www.psywww.com/psyrelig/psyrelpr.htm>

5. **Stand-alone Web document (no author, no date)**

*Gender and society*. (n.d.). Retrieved December 3, 2001, from <http://www.trinity.edu/~mkearl/gender.html>

6. **Article or chapter in an edited book**

Shea, J. D. (1992). Religion and sexual adjustment. In J. F. Schumaker (Ed.), *Religion and mental health* (pp. 70-84). New York: Oxford University Press.

7. **Diagnostic and Statistical Manual of Mental Disorders**

American Psychiatric Association. (2000). *Diagnostic and statistical manual of mental disorders* (4th ed., text revision). Washington, DC: Author.

**Final Note:**

I am not going to be overly anal retentive (thank you Freud!) about your APA format. If you make an honest attempt and one of your citations contains a minor error, no big deal. However, don't blow off APA entirely. If your citation is difficult to understand or I can't find the source due to your formatting, your grade for the assignment will be affected.

Other resources that can help you are:

The APA guide to citing electronic sources (e.g. a website):

<http://www.apastyle.org/electref.html>

Writing guides at the UW Psychology Writing Center:

<http://web.psych.washington.edu/writingcenter/writingguides.html>