

CDAC

CDAC Spring Retreat 2011

**Whole Health:
Enriching minds and bodies for a healthy workplace**
Thursday, May 19th

*Richmond Beach Saltwater Park Upper Shelter
2021 NW 190th Street
Shoreline, WA 98177*

Click on map for directions



Please take our Survey!~

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- 8:30 to 9:00 --- Breakfast
- 9:00 to 9:15 --- Icebreaker
- 9:15 to 9:30 --- Opening & Welcome (Mark Mitsui)
- 9:30 to 10:00 --- CDAC Classified Staff Training Model Presentation
- 10:00 to 10:45 --- Safety Preparedness Speaker
- 10:45 to 11:00 --- Break
- 11:00 to 12:00 --- Claire Ricci Speaker
- 12:00 to 12:15 --- Break - Give out prizes
- 12:15 to 1:00 --- Lunch
- 1:00 to 2:00 --- Workshop options #1, #2
- 2:15 – 3:15 --- Workshop options #3, #4
- 3:30 to 4:00 --- Wrap-up

CDAC

E-mail: cdac@sccd.etc.edu

Depending on weather conditions.....

A "rainy day" venue will be in the Cafeteria and North Star Dining Room