

Chapter 20

This chapter will be HIGHLY truncated.

Focus only on these questions for the Exam. You will see that there is a lot of extra information not covered by these questions. Read the entire chapter to get the “big picture,” and make sure your understanding is complete... but focus only on these questions for the exam.

Reading Guide

1. Why can “...hunger and obesity exist side by side... sometimes within the same person?”
2. Describe how political turmoil can affect nutrition status in a society.
3. Discuss how population growth can affect nutrition status in a society.
4. Discuss the many factors that are currently limiting food production. Are any of them likely to have been caused (at least partially) by industrial farming practices themselves?
5. Discuss sustainable farming practices (this goes back to chapter 19 and is discussed in more detail in Highlight 20)
6. Discuss several “Environmentally Friendly Food-Related Choices” that you can make.
7. Discuss energy requirements for raising different kinds of foods. What is the difference between grain-fed and pastured animals?
8. Is meat unrealistically expensive or unrealistically cheap in the USA? Why is that?
9. What are some specific advantages of buying locally grown foods?
10. Contrast “unsustainable” with “sustainable” farming practices (Table H20-1)
11. From the required link, ConnectNutrition’s Farm Bill Letter, what are some specific points the authors make about why the Farm Bill should be changed? What are the changes they suggest?

That’s it!

