

Chapter 20

This chapter will be HIGHLY truncated.

Focus only on these questions for the Exam. You will see that there is a lot of extra information not covered by these questions. Read the entire chapter to get the “big picture,” and make sure your understanding is complete... but focus only on these questions for the exam.

Reading Guide

1. Define the 3 types of malnutrition.
2. Describe generally some health problems associated with each type of malnutrition.
3. Discuss generally some of the causes of undernutrition.
4. Discuss specifically protein, iron, iodine, zinc and vitamin A deficiencies. Why are they some of the more common types of single nutrient deficiencies?
5. Discuss how farming practices can (and have) affect(ed) food availability and nutrition. Be sure to draw from sections discussing causes of undernutrition/deficiencies, and from sections discussing solutions (ie, sustainable agriculture). Be sure to also use table 20.3 and the Highlight, “Integrated Farming Systems.” This question can be all bundled together with questions 6 and 7.
6. Discuss some specific farming practices utilized by sustainable agriculture.
7. Discuss some specific practices utilized by “non-sustainable” agriculture (that’s my term, the book doesn’t say it that way), including those mentioned as part of “the Green Revolution.”
8. Why is breastfeeding considered an important component for reducing malnutrition?
9. What is the Green Revolution, and why has it not been the long-term solution to malnutrition? What are some probable long-term advantages (the book doesn’t address this specifically, it’s for you to think about)?

10. Using Highlight 10, discuss some specific steps you can take to help reduce global malnutrition.
11. From the required link, ConnectNutrition's Farm Bill Letter, what are some specific points the authors make about why the Farm Bill should be changed? What are the changes they suggest?

That's it!