How to Make Your Drug Cards

Each week make drug cards from the list or location provided. Drug cards must be **hand written**. You may use both sides and large note cards if necessary. You are welcome to use a nursing drug guide to complete your cards!

The following format must be used for the completion of each drug card:

- Generic Name; Trade Name:
- Classification of the drug:
- Dosages and Routes of Administration:
- Action and therapeutic effect of the drug:
- Contraindications:
- Nursing Implications:

**EXAMPLE: This is an example only, student drug cards must include more detail under contraindication and nursing implications.**

Diazepam; Valium

**Classification:** Central Nervous System Agent; Benzodiazepine; Anticonvulsant; Anxiolytic

**Dosages and Routes:**
- Tablets: 2mg, 5mg & 10 mg
- Oral Solution: 1mg/ml, 5mg/ml, 5mg/ml
- Injectable: 5mg/ml
- Rectal gel: 2.5 mg, 5mg, 10mg, 15mg, 20mg

**Actions:**
Antianxiety and anticonvulsant activity, effects both the limbic and subcortical levels of the CNS. It shortens REM and stages 4 sleep time but lengthens total time for sleep. Drug of choice for Status Epilepticus. Use for short term relief of anxiety. Use to treat withdrawal symptoms of alcohol or drugs. Given for relief of skeletal muscle spasm associated with CP, paraplegia, stiff-man syndrome and tetanus.

**Contraindications:**
List only significant one, not every one in the drug book. Shock, coma, acute alcohol withdrawal, depressed vital signs, OB patients and infants < 1 month. Acute narrow-angle glaucoma, 14 days within MOA inhibitor.

**Nursing Implications:**
Ensure sustained release is not chewed, avoid abrupt withdrawal, if giving IM, give in large muscle, and rotate sites. If giving IV, take 1 in for each 5 mg, supervise ambulation, monitor bowel elimination and I&O, psychic and physical dependence may develop, instruct patient not to drive.