Winter Weather Preparedness

Plan now to prevent disruptions!

Regional Resources:
National Weather Service, Seattle Office
www.wrh.noaa.gov/sew/
Weather Apps
Take Winter By Storm:
www.takewinterbystorm.org
Sound Transit
www.soundtransit.org
Paratransit Services
www.wanemt.com
Social & Human Services Dial 211

Pierce County:
Public Works WinterWise
www.piercecountywa.org/winterwise
Tacoma Public Utilities—outage map
www.mytpu.org
Peninsula Light Co.
www.penlight.org
• power outage safety
• emergency preparedness
Puget Sound Energy
www.pse.com
• outage map
Pierce County Roads & Transportation
www.co.pierce.wa.us
• emergency snow & ice plan
• snow & ice removal
• transportation services
Pierce Transit
www.piercetransit.org
Community Connections
www.vets-go.com
Catholic Community Services
www.ccsww.org
United Way
www.uwpc.org/transportation
KP School Bus Connects (253) 884-2877
Private Transit Services
• Transpor
• Local Motion
• Around the Sound
• Mustard Seed Project

King County:
Puget Sound Energy
• energy-saving tips
• assistance for low-income customers
Hopelink (800) 348-7144
Seattle City Light (206) 684-3000
www.seattle.gov/light/help
• assistance for low-income customers
King Co. Metro & Dept of Transportation
metro.kingcounty.gov/alerts/adverse-weather
Sign-up for Alerts
metro.kingcounty.gov/signup/
Road Alerts for unincorporated King Co.
your.kingcounty.gov/kcdot/roads/roadalert/subscriptions
Seattle Dept. of Transportation 206-684-ROAD
seattle.gov/transportation/winterweather
• Winter Weather Response Map
• Twitter @seattledot

Snohomish County:
Snohomish County
www.snohomishcountyway.gov
• Road Closures
Snohomish County Public Utility District
www.snopud.com
• If the Power Goes Out (Safety)
• Winter Storm Preparation
• Trees Near Power Lines
• Portable Generator Safety
Community Transit 425-353-7433
www.commttrans.org
• DART (425) 347-7997
Everett Transit
www.everetttransit.org
• Paratransit
• Snow Routes & Service
• Rider Alerts

This year you can expect longer than usual response times for services, such as clearing roads or restoring power, during severe weather. Making a simple family plan and assembling an emergency kit can help minimize the impacts on you and your family. The following tips and resources can help.
**Prepare to Stay Inside:**

**Be Ready:** Print or write your emergency support contacts, medical information, medications, doctors contact information.

**Stay Safe:** Ice melt & shovel, flashlights, light sticks, extra batteries. **Avoid candles!**

**Keep Warm:** Blankets, coats, hats, snow boots, gloves or mittens, wool socks, & scarves (extra blankets for service animals or pets), have a carbon monoxide detector

**Stay Informed:** Radio, NOAA Radio, extra batteries, extra chargers or batteries for devices you rely on that require electricity

**Stay healthy:** Water, non-perishable food, can opener, food for children pets/ service animals, medication supply, hygiene items, first-aid kit

**Electricity powered devices:** if you rely on electricity to maintain independent ask your power company about a priority power list.

**Oxygen:** If you rely on oxygen talk to your vendor about emergency replacements

**Dialysis or other types of specialized medical treatments:** talk to your health provider about what to do in the event of a winter storm or other emergency.

**Never use your oven to heat your home!**

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**Be Prepared:**
Check the current weather, road conditions, & transit changes

→ Watch the local news
→ Listen to a local radio station
→ Use Smartphone apps (weather channel)
→ Sign-up for text alerts
→ Use a NOAA Weather Radio
→ Go to the grocery store before the storm & get enough extra food, water, & safety supplies

→ Canned/no-cook food (bread, crackers, dried fruit)
→ Non-electric can opener
→ Refill prescription medication (if able)
→ First-aid kit
→ Food & water for children and or pets
→ Flashlight & extra batteries
→ Clear sidewalks & ramps, Do Not use rock salt! It is poisonous to animals

**Alternative heat sources**
→ Protect your dogs feet use boots or clean them off once you get inside.
→ Fireplace with enough dry firewood
→ Portable automatic shut-off heaters
→ Keep heat sources at least 3 feet away from furniture
→ Never leave children or pets unattended near a heat source
→ NEVER USE CHARCOLE GRILLS OR PORTABLE GAS CAMP STOVES INDOORS

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**If you Must go Outside:**
If you are advised to stay indoors, do not leave your home unless absolutely necessary or in the event of an emergency.

→ Wear layered clothing, gloves, hat, scarf, & a warm coat
→ Cover your mouth to protect your lungs, avoid taking deep breaths
→ Keep dry, change wet clothes frequently to prevent a loss of body heat
→ Avoid overexertion, such as shoveling heavy snow, pushing a car or walking in deep snow
→ For those who use wheelchairs, wrap a blanket around your legs to keep warm
→ Take extra food, water, & medications
→ Let someone know when you are going to leave & where you are going, & when you plan to be back
→ Avoid staying outside for long periods of time & watch for signs of hypothermia and frostbite
→ If you suspect that someone is suffering from hypothermia, wrap them in a blanket and call 911 immediately
→ Clean your adaptive equipment after being outside. Make sure you clean off any salt or other de-icing chemicals to avoid rust.
→ Freezing rain & snow will stick to metal parts of equipment and make them slippery and cold to the touch.

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**Examples for a Winter Emergency Kit:**

→ A warm coat, gloves or mittens, hat, scarf, & water resistant boots for each member of your family.
→ Extra blankets & extra warm clothing
→ Ice melt products or non-clumping kitty litter for extra traction on ice.
→ Customize for your needs